

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	9:15 - 10:30 <b>MORNING FLOW</b> 75Min	9:15 - 10:30 <b>MORNING FLOW</b> 75Min	9:15 - 10:30 <b>MORNING FLOW</b> 75Min	9:15 - 10:30 <b>MORNING FLOW</b> 75Min	10:00 - 11:30 <b>VINYASA FLOW</b> 90Min	10:00 - 11:30 <b>VINYASA FLOW</b> 90Min
12:00 - 13:00 <b>LUNCH FLOW</b> 60Min	12:00 - 13:00 <b>LUNCH FLOW</b> 60Min	12:00 - 13:00 <b>LUNCH FLOW</b> 60Min	12:00 - 13:00 <b>LUNCH FLOW</b> 60Min	12:00 - 13:00 <b>LUNCH FLOW</b> 60Min	12:00 - 13:15 <b>VINYASA FLOW</b> 75Min	
18:00 - 19:15 <b>VINYASA FLOW</b> 75Min	18:00 - 19:15 <b>VINYASA FLOW</b> 75Min	18:00 - 19:15 <b>GENTLE YOGA</b> 75Min	17:30 - 18:45 <b>VINYASA FLOW</b> 75Min	17:30 - 19:00 <b>VINYASA FLOW</b> 90Min		
19:30 - 20:45 <b>GENTLE YOGA</b> 75Min	19:30 - 21:00 <b>VINYASA FLOW</b> 90Min	19:30 - 20:45 <b>VINYASA FLOW</b> 75Min	19:15 - 20:45 <b>VINYASA FLOW</b> 90Min	19:15 - 20:45 <b>FRIDAY SPECIAL*</b> 90Min		18:00 - 19:30 <b>GENTLE YOGA</b> 90Min

\* bitte online prüfen ob Kurs stattfindet